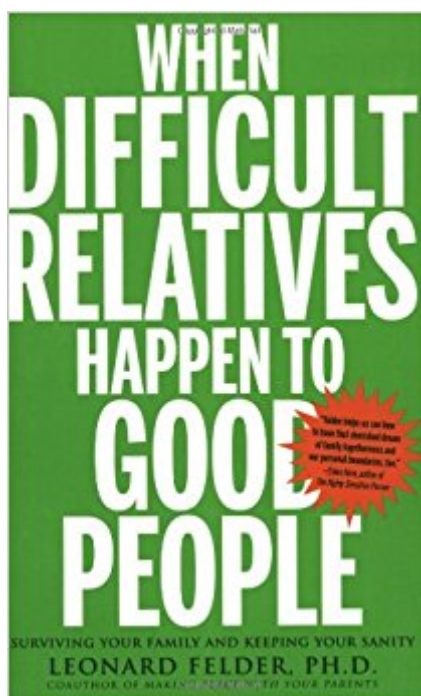


The book was found

When Difficult Relatives Happen To Good People: Surviving Your Family And Keeping Your Sanity



Synopsis

When Difficult Relatives Happen to Good People For every holiday, wedding, funeral, or birth of a child, families gather for what are supposed to be times of celebration or remembrance. But often these gatherings create more stress and conflict than joy and connection. When Difficult Relatives Happen to Good People speaks to those who look forward to family gatherings but also dream being around certain relatives. The opinionated aging parent, the bigoted uncle, the brother who drinks too much, the cousin who flaunts her money and status--all of these characters appear in the sometimes humorous but always instructive stories throughout this book. Based on years of researching family conflict, Dr. Felder offers practical advice about how to make the most of your heartfelt connections with the family members you love while staying clear of the toxic ones. Full of specific recommendations for every kind of family situation, from religious disagreements and sibling rivalries to drug, alcohol, and gambling problems, When Difficult Relatives Happen to Good People describes with witty, inspiring examples how to identify when to step in and when to step back, how to avoid feeling like a martyr, and how to stay relaxed in situations that once would have made you cringe.

Book Information

Paperback: 304 pages

Publisher: Rodale Books; Reprint edition (May 6, 2005)

Language: English

ISBN-10: 1594862273

ISBN-13: 978-1594862274

Product Dimensions: 6 x 0.8 x 8.3 inches

Shipping Weight: 12 ounces

Average Customer Review: 3.8 out of 5 stars Â Â See all reviews Â (12 customer reviews)

Best Sellers Rank: #1,284,249 in Books (See Top 100 in Books) #67 in Â Books > Parenting & Relationships > Family Relationships > Extended Families #1198 in Â Books > Self-Help > Relationships > Conflict Management

Customer Reviews

I loved this book. I grew tired of books that provided alot of, exuse me, psycho babble which didn't help me deal w/relatives that drive me nuts or truly hurt me and I find impossible to be around.Dr. Felder's book provided insight into what I can do that is practical, and I feel even more importantly, urged me to understand that changing my mean grandmother wasn't going to happen.. the only

thing I could do was change how I let myself react.GET THIS BOOK BEFORE XMAS DINNER.

I liked that it gave advice on how to handle some of the situations, but it didn't give useful advice on most issues. It mainly tells you how to handle it in your head, but not how to communicate with these relatives when they are pushing your buttons.

I found this book very helpful and inspirational. Definitely a must read for people who are having problems with relatives and don't know how to handle an issue! You may even want to read it if there are currently no issues in your family! It's good to know what you could potentially deal with.

My personal opinion of the book is that I was a little disappointed. I was looking for a revelation or a solution. I did get a few ideas and tactics for coping with those who continue to impose themselves on you. However, if those don't work you wind up compromising yourself.

This one didn't do it for me because it didn't help much with my problems. It seemed as though the problems discussed here were oversimplified and stereotypical and this book is written for those people whose problems are with family members they don't care much about -like annoying in-laws. There was some helpful info, but most of the book was not applicable to me. Mostly, it gave common sense, basic advice and offered nothing extraordinary. For instance, the book somewhere mentioned - If family gatherings are stressful for you, consider making them shorter or with less people. (I think anyone could tell you that.)

Although we might not run into all these people or situations, there is bound to be something here for everyone. I have always been interested in books like this and this one is one of the best I've picked up.

[Download to continue reading...](#)

When Difficult Relatives Happen to Good People: Surviving Your Family and Keeping Your Sanity
When Difficult Relatives Happen to Good People
Difficult Mothers: Difficult Mothers Cure: Toxic Relationships With Narcissistic Mothers Understood And Overcome Forever! (Difficult Mothers, narcissistic ... absent mother, narcissist relationship)
How To Analyze People: Mastering Analyzing and Reading People: (How To Read People, Analyze People, Psychology, People Skills, Body Language, Social Skills)
Family Wealth--Keeping It in the Family: How Family Members and Their Advisers Preserve Human, Intellectual, and Financial Assets for Generations
When Bad Things

Happen to Good People When Bad Things Happen to Good People: Twentieth Anniversary Edition, with a New Preface by the Author
Genealogy Basics In 30 Minutes: The quick guide to creating a family tree, building connections with relatives, and discovering the stories of your ancestors
Return From Heaven: Beloved Relatives Reincarnated Within Your Family
Beekeeping: An Introduction to Building and Maintaining Honey Bee Colonies (2nd Edition) (beehive, bee keeping, keeping bees, raw honey, honey bee, apiculture, beekeeper)
Reaching People under 30 while Keeping People over 60: Creating Community across Generations (TCP The Columbia Partnership Leadership Series)
UNEXPLAINED DISAPPEARANCES & MISSING PEOPLE.: MISSING PEOPLE CASE FILES; UNEXPLAINED DISAPPEARANCES; MISSING PEOPLE. (UNEXPLAINED DISAPPEARANCES : MISSING PEOPLE Book 2)
The Three Big Questions for a Frantic Family: A Leadership Fable? About Restoring Sanity To The Most Important Organization In Your Life
Good Gut: The Next Thing You Should Do If You Want to Heal Your Gut and Improve Your Intestinal Health (good gut guide, gut health, good gut diet)
Sanity, Madness and the Family: Families of Schizophrenics (Pelican)
How To Stop Arguing: Dealing With Stress, Anger, Rejection, Conflict, Fighting and Difficult People
Taking People with You: The Only Way to Make Big Things Happen
Gay Marriage: Why It Is Good for Gays, Good for Straights, and Good for America
The Looneyspoons Collection: Good Food, Good Health, Good Fun!
Calochortus: Mariposa Lilies and their Relatives

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)